



RAJAPALAYAM RAJUS' COLLEGE, RAJAPALAYAM

(A Linguistic Minority Co-Educational Institution, Affiliated to Madurai Kamaraj University)
(Re-Accredited (3rd Cycle) with "B++" Grade (CGPA 2.93/4.00) by NAAC)

Internal Quality Assurance Cell (IQAC)

&

The Management, Principal, and Faculty Members cordially invite you to the

"ONE WEEK VIRTUAL YOGA PROGRAMME"

Theme: "be with yoga and be at home"

Date: 21.06.2021 (Monday)

Day:1

Time: 10.00 AM (IST)

Mrs Madhumitha

*Author and Motivational Speaker,
Rajapalayam.*

Will be the Resource Person and deliver key note Address

Topic: HEALTHY LIVING

Dr. R.Jaganath,

Principal i/c,

Rajapalayam Rajus' College, Rajapalayam

Will deliver the Special address

Mr. N.Ramesh ,

Vice Principal,

Rajapalayam Rajus' College, Rajapalayam

Will felicitate the gathering

Mr. R.Vishnushankar (Organising Secretary),

IQAC Coordinator & Assistant Professor of Commerce

Will welcome the gathering

Dr. D.Manjula,

IQAC Member & Assistant Professor of Commerce

Will Introduce the Resource Person

Mrs. R.Ramalakshmi, (Organising Secretary),

Assistant Professor of Mathematics

Will deliver Vote of Thanks



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"ONE WEEK VIRTUAL YOGA PROGRAMME"

Theme: Be with yoga and be at home

Date: 22.06.2021 (Monday)

Day:2

Time: 4.00 PM (IST)

Mrs Rajeswari

Professor, Temple of Consciousness,
Rajapalayam.

Will be the Resource Person and deliver key note Address

Topic : YOGA FOR MIND AND CONSCIOUSNESS

*Dr. G.Gowri, Organising secretary ,
IQAC Member & Assistant Professor of Commerce
Will Introduce the Resource Person*

*Mrs. A. Bhuvaneshwari ,
Assistant Professor of Commerce*

Will deliver Vote of Thanks



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ONE WEEK VIRTUAL YOGA PROGRAMME

Theme: be with yoga and be at home

Date: 23.06.2021 (wednesday)

Day:3

Time: 4.00 PM (IST)

Mrs Shanthi,

*Programme officer,
Temple of consciousness
Rajapalayam.*

*Will be the Resource Person and deliver key note Address
Topic: TRANSFORMING LIFE THROUGH MEDITATION*

Dr. Suganya.P.R,

*IQAC Member & Assistant Professor of English
Will Introduce the Resource Person*

*Mrs. R.Ramalakshmi , (Organising Secretary),
Assistant Professor of Mathematics*

Will deliver Vote of Thanks



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ONE WEEK VIRTUAL YOGA PROGRAMME

Theme: be with yoga and be at home

Date: 24.06.2021 (Thursday)

Day:4

Time: 4.00 PM (IST)

Mrs Manju Deepika

Yoga instructor ,

Hatha yogi and therapist,

Pune .

Will be the Resource Person and deliver key note Address

Topic: HATHA YOGA

Mrs. R.Ramalakshmi , (Organising Secretary),

Assistant Professor of Mathematics

Will Introduce the Resource Person

Dr Gowri,

Assistant Professor of Commerce,

Will deliver Vote of Thanks



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ONE WEEK VIRTUAL YOGA PROGRAMME

Theme: be with yoga and be at home

Date: 25.06.2021 (Friday)

Day:5

Time: 4.00 PM (IST)

*Mrs Manju Deepika
Hatha yogi and therapist
Topic: hatha yoga*

Mrs. Gowri.G (Organising Secretary),

Assistant Professor of Commerce

Will deliver Vote of Thanks



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&

The Management, Principal, and Faculty Members cordially invite you to the

ONE WEEK VIRTUAL YOGA PROGRAMME

Theme: Be with yoga and be at home

Date: 24.06.2021 (Saturday)

Day: 6

Time: 4.00 PM (IST)

Mr.R.Balasubramaniam

Yoga Guru ,

Founder :Meenakshi sundereswarar yoga center

Rajapalayam.

Will be the Resource Person and deliver key note Address

Topic: YOGA FOR HAPPINESS QUOTIENT

Mrs. S.Manjula Gayathri , IQAC member,

Assistant Professor of Commerce

Will Introduce the Resource Person

Dr Suriya kala (Organizing Secretary)

Dean (Sciences) and Assistant Professor of Physics,

Will deliver Vote of Thanks



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Rajapalayam -626117, Tamilnadu.

On celebration of 7th International Yoga day 2021 in the theme of
"Be with yoga, Be at home"

One Week National Level Virtual Yoga Program



Day 1: 21.06.2021 Time: 10am to 11.30am

Inauguration address : Dr R.Jaganath, Principal i/c

Felicitation address: Mr. R. Vishnushankar, IQAC Co-ordinator

**Special address : Mrs. Madhumitha, M.A.,
Social Activist & Motivational Speaker**



Day 2 : 22.06.2021

Guest speaker :

Time 4.00 to 5.30 pm

**Mrs. Rajeswari, MYHE.,
Professor, Temple of Consciousness,
Rajapalayam.**

Topic: Yoga for mind and Consciousness



Day 3 : 23.06.2021

Yoga practice by :

Time 4.00 to 5.30 pm

**Mrs. Shanthi, MYHE.,
Program Officer, Temple of
Consciousness, Rajapalayam.**

Topic: Transforming life through Meditation



Day 4 : 24.06.2021

Guest :

Time 4.00 to 5.00 pm

**S. Manju Deepika
Hatha Yogi & Therapist, Pune.
www.manjuyoga.com**

Topic: Hatha yoga



Day 5 : 25.06.2021

Technical Session: IV

Time 4.00 to 5.00 pm

**S. Manju Deepika
Hatha Yogi & Therapist, Pune.
www.manjuyoga.com**

Topic: Hatha yoga



Day 6 : 26.06.2021

Technical Session: V

Time 4.00 to 5.00 pm

**Yoga Guru R. Balasubramaniam
Founder, Meenakshi Sundreshwarar
Yoga Centre, Rajapalayam.**

Topic: Yoga for happy life



Day 7 : 27.06.2021


Technical Session: VI

Time 4.00 to 5.30 pm

**Yoga Guru R. Balasubramaniam
Founder, Meenakshi Sundreshwarar
Yoga Centre, Rajapalayam.**

Topic: Yoga for happy life

Registration link: <https://forms.gle/vQVik3Exgkj6Sjvc8>

Mode of Yoga Programme:  zoom

Patrons

**Sri. P.R. Vijayarayanan
Secretary**

**Dr. R. Jaganath
Principal i/c**

**Mr. N. Ramesh
Vice - Principal**

Organising Secretaries

**Dr. G. Gowri, Assistant Professor,
Extension Cell Co-ordinator
Mobile No: 96775 07720**

**Mr. R. Vishnushankar,
IQAC Co-ordinator**

**Dr. P. Suriya Kala,
Co-ordinator-Science**

**Mrs. R. Ramalakshmi,
Assistant Professor**

Organising Committee

Dr. S. David Laurence

Dr. C. Ramakrishnan

Mrs. S. Manjula Gayathri

Dr. D. Manjula

Dr. P. R. Suganya

Mr. P. R. Ramji

Mrs. R. Jayshree

Mrs. S. Deepalakshmi

Dr. R. Bathridevanathan

Technical Support

M. R. Vinothpranav

K. Satheesh

R. Somnath

No Registration Fees

yoga@rrc.ac.in

E-Certificate will be issued

www.rrc.ac.in

YouTube links for online yoga programme

Date : 21/6/2021 to 27/ 6/2021

<https://www.youtube.com/watch?v=abRAoNJB8A4>

<https://www.youtube.com/watch?v=oVQdy-lbke8>

<https://www.youtube.com/watch?v=xaK1fVQkfvo>

<https://www.youtube.com/watch?v=O9LJ9qjtHU4>

<https://www.youtube.com/watch?v=civYnS4w-eA>



Rajapalayam Rajus' College

Linguistic Minority Co-Educational Institution and Affiliated to Madurai Kamaraj University Reaccredited B++ by NAAC (CGPA 2.93) in III cycle
Rajapalayam

This

Certificate of Participation

I hereby granted to

Ms sharmila, II Bcom , Rajapalayam Rajus College, Rajapalayam

In recognition of her participation in *One Week National Level Virtual Yoga Program* entitled "*Be with yoga be at home*" organized by Rajapalayam Rajus' College, Rajapalayam from 21.06.2021 to 27.06.2021.

PRINCIPAL i/c

RAJAPALAYAM RAJUS' COLLEGE

One Week Online Yoga Programme

21/06/2021 to 27/06/2021

PROGRAMME REPORT

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. The programme was organised online mode from 21/6/21 to 27/6/21

Day I : 21/6/2021

Meditation is relaxation and rejuvenates the body and mind. With this aim in mind, first day of workshop was started on 21.06.2021 for the students, teachers and general public through a virtual platform (zoom mode). The programme was inaugurated by our respected Principal Dr Jagannath and day Mrs Madhumitha, social Activist and motivational speaker, Rajapalayam. The yoga introduction was given by her effectively and with great dedication. The teachers and students from various places participated with full interest, enthusiasm and eagerness.

Day II

The session started by yoga Instructors Mrs Rajeswari by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the participants.

Day III

The Yoga instructor Mrs Shanti , motivated the participants and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the participants in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing.

Day IV and V

The Yoga instructor Mrs Manju Deepika , impressed the participants and conveyed the significance of Katha yoga and demo on Katha yoga mudras and exercise by extending the practice of yoga integrally. The sessions of day IV and V concluded with an interactive session between the instructor and the participants in which the queries of the teachers and students were addressed effectively. The session was very motivational.

Day V!

The day VI started with the yoga instructor Mr Balasubramanian, he taught various day to day routines to live the life simple and happier. He motivated the participants to do simple warm up exercises and conducted a quiz related to yoga techniques.

Day VII

The last day session was took over by Mr BalaSubramanian, Yoga Guru Rajapalayam instructed breathing techniques and given detailed instructions and valediction programme was headed by Principal Dr Jagannath Rajapalayam Rajus College Rajapalayam.

Principal signature

A handwritten signature in green ink, appearing to read "R. Jagannath". The signature is stylized with a long horizontal stroke at the end.

CIRCULAR

International Day of Yoga

Telephone: 04563-236524
Email ID : rjpm5tnsigcoyncc@gmail.com

5 (TN) Sig Coy NCC
53A, PSK Nagar
Rajapalayam-626108
Distt-Virudhunagar (TN)

109/6/Trg

08 Jun 2021

All Institutions ANO's

ACTION PLAN : INTERNATIONAL DAY OF YOGA (IDY) - 21 JUN 2021

1. All Institutions are requested to motivate all NCC cadets and ANO's to celebrate International Day of Yoga from respective homes as per guideline mention in **Appx**. Institutions are requested to ensure the following:-

(a) **Concept** : Be with Yoga, Be with Home

(b) **Activities** : Activities given in Appx will be carried out.

(c) **Report** : The participation report as per the following format should reached to this office by 0900hrs on 22 Jun 2021.

Ser No	No of Cadets Participated	No of ANO's Participated	Total	Remarks
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(d) **Digital Platform** : One Tweet per Institution on the activities conducted.

2. All Institution are request to fwd the detailed feedback alogwith photos, video & media clipping to this office by 22 Jun 2021 for onward submission to Group HQ Madurai.

3. The action plan in detail is att for information.

Encls: (As above)

Sd-x-x-x-x-x-x
(Bhupinder Singh Toor)
Col
Officer Commanding

S.No	REG NO	NAME OF CADET
1	TN19SDA733401	ARUN G
2	TN19SDA733402	BALAMURUAGN B
3	TN19SDA733403	GURURAJ S
4	TN19SDA733405	KARTHIK C
5	TN19SDA733406	KRISHNAKURU R
6	TN19SDA733409	MUKILAN G
7	TN19SDA733410	MUTHUKUMAR G
8	TN19SDA733411	PON VENKADESH V
9	TN19SDA733412	SAMPATHKUMAR S
10	TN19SDA733413	SATHISH KUMAR L
11	TN19SDA733414	SRIRAM A
12	TN19SWA733415	MAHESWARI K
13	TN19SWA733417	GANAPATHI M
14	TN19SWA733418	KALEESWARI P
15	TN19SWA733419	KALEESWARI N
16	TN19SWA733420	MURUGESHWARI T
17	TN19SWA733421	MUTHUMANI A
18	TN19SWA733422	PANDIYAMMAL P
19	TN19SWA733423	SUBBULAKSHMI R
20	TN19SWA733424	SUJITHA S
21	TN19SWA733205	YUVASRI R
22	TN20SDA733426	AN M
23	TN20SDA733427	CHANDRU G
24	TN20SDA733429	AN G
25	TN20SDA733430	K
26	TN20SDA733432	KANAGARAJ S
27	TN20SDA733434	MAKESHKUMAR K
28	TN20SDA733435	MATHAN M
29	TN20SDA733436	MATHANKUMAR P
30	TN20SDA733438	MUTHURAMAN M
31	TN20SDA733441	PALANIKUMAR M
32	TN20SDA733442	RAMKUMAR M
33	TN20SDA733444	SELVAKUMAR K
34	TN20SDA733445	SELVAKUMAR K
35	TN20SDA733446	SELVAKUMAR G
36	TN20SDA733447	SIVAANAND M
37	TN20SDA733448	UTHAYA KUMAR M
38	TN20SDA733449	UTHAYARAJA K
39	TN20SDA733450	VEERAPUTHIRAN P
40	TN20SWA733454	ARULMATHI A
41	TN20SWA733455	CHITHRA M
42	TN20SWA733458	GURUVU S
43	TN20SWA733459	KARPAGA JEEVA M

44	TN20SWA733460	MADHUMITHA B
45	TN20SWA733461	PAVITHRA T
46	TN20SWA733462	PREMA M
47	TN20SWA733464	SHRIBALA S
48	TN20SWA733465	M
49	TN20SWA733466	VINITHA V
50	TN20SWA733467	UTHRA THEVI M
51	TN21SDA733468	ABISHEK B
52	TN21SDA733469	AJITH KUMAR K
53	TN21SDA733470	ARAVINTH C
54	TN21SDA733471	ARUN SHARMA S
55	TN21SDA733472	AYYAPPAN M
56	TN21SDA733473	AYYANAR M
57	TN21SDA733474	BALA AYYANAR K
58	TN21SDA733475	GOWTHAM R
59	TN21SDA733476	KARTHICK T
60	TN21SDA733477	KARUTHAPANDI P



Certificate

-OF PARTICIPATION-

Ministry of AYUSH & MyGov congratulate

Pavithra T

for successfully completing
International Day of Yoga (2021) Quiz.
We salute your effort. Keep participating.

Shri P.N.Ranjit Kumar
Joint Secretary, Ministry of AYUSH

REPORT

International Day of Yoga

International Yoga Day is celebrated every year on 21 June to raise awareness worldwide about the benefits of Yoga in daily life. Yoga brings balance between body, soul and mind. It helps us to understand the purpose of life and how to survive in the changing environment. Due to COVID-19 pandemic, International yoga day focused on yoga at home with family members. Our College 60 cadets had participated in the online event of International Yoga Day organised by the Ministry of Ayush "YOGA AT HOME YOGA WITH FAMILY". E-certification was also provided to the participants.





PG DEPARTMENT OF ENGLISH

Life Skill Enhancement Programme for Physical Fitness

CIRCULAR

18.10.2021

This is to inform that our PG Department of English has planned to conduct the Life Skill Enhancement Programme for Physical Fitness. Interested students can enrol their names to Mrs.G.Kiruba Hari of English Department (SF) on or before 20.10.2021. The Programme will be conducted on 21.10.2021 in our College at A3 Hall.

HOD

PG Department of English (S.F)
Rajapalayam Rajus' College.

Principal i/c

PRINCIPAL i/c
RAJAPALAYAM RAJUS' COLLEGE
RAJAPALAYAM



RAJAPALAYAM RAJUS' COLLEGE RAJAPALAYAM

P.G. Department of English

Life Skill Enhancement Programme for Physical Fitness

Date : 21.10.2021

Time : 2.00 p.m

Venue : A3 Hall

Welcome Address : Mr. T.Maruthanayagam M.A; M.Phil.; B.Ed

Head and Assistant Professor,

Presidential Address : Dr.D. Venkateswaran

Principal i/c

Felicitation Address : Dr.K.Sivaramamoorthy,

Vice Principal,

Key Note Address : Mrs.P.V.Deepa

Assistant Professor, Department of English

Topic : "Innovative measures to keep our body Fit as a Fiddle"

Vote of Thanks : Mrs.N.Saraswathi

Assistant Professor, Department of English

All are Cordially Welcome

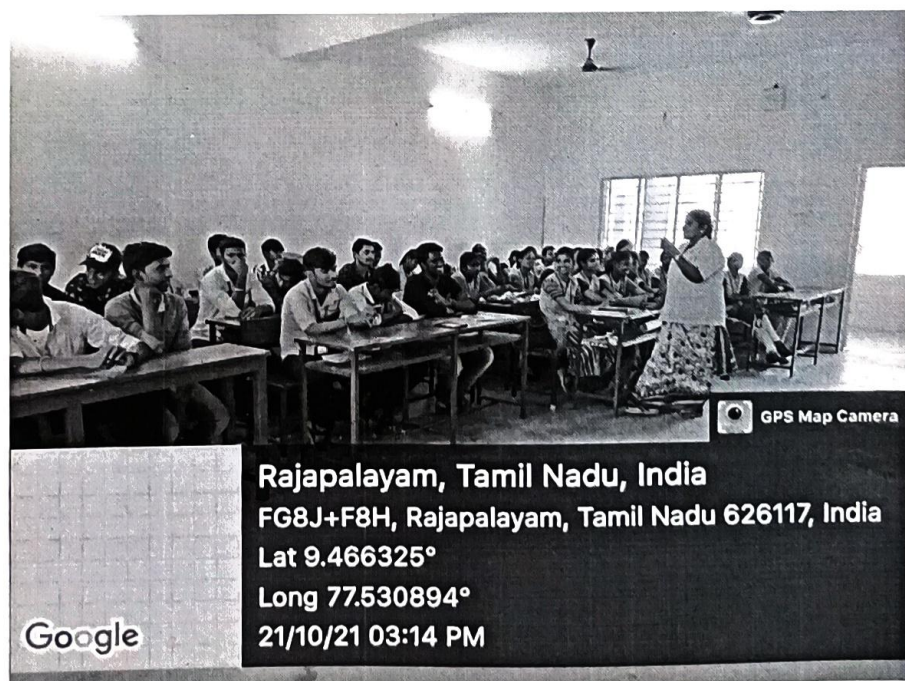
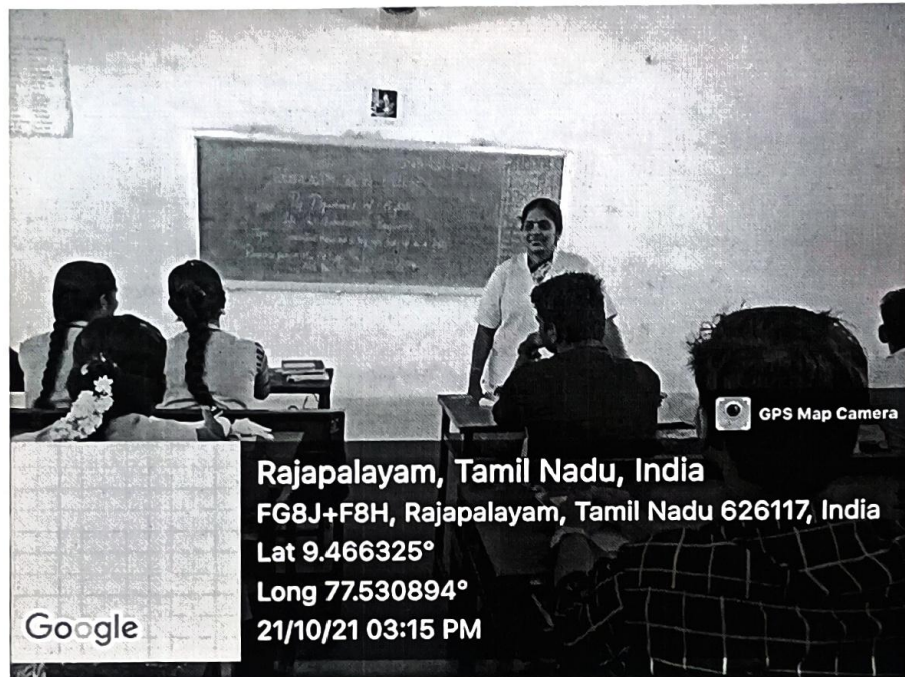


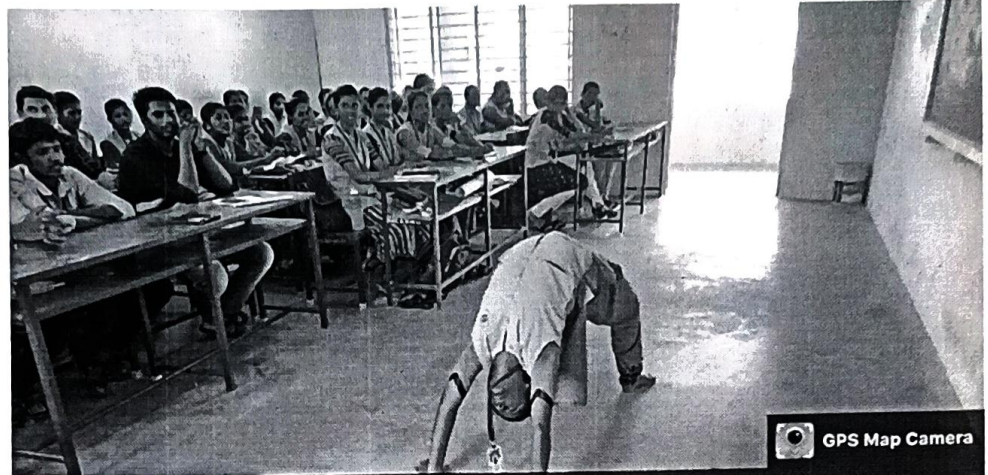
RAJAPALAYAM RAJUS' COLLEGE RAJAPALAYAM

P.G. Department of English

Photo-Gallery of Life Skill Enhancement Programme for Physical Fitness

“Innovative measures to keep our body Fit as a Fiddle”





GPS Map Camera

Google

Rajapalayam, Tamil Nadu, India
FG8J+F8H, Rajapalayam, Tamil Nadu 626117, India
Lat 9.466325°
Long 77.530894°
21/10/21 03:13 PM



GPS Map Camera

Google

Rajapalayam, Tamil Nadu, India
FG8J+F8H, Rajapalayam, Tamil Nadu 626117, India
Lat 9.466325°
Long 77.530894°
21/10/21 03:14 PM

P. M. + F F
HOD

PG Department of English (S.F)
Rajapalayam Rajus' College.

D. Venkateswar
PRINCIPAL/c
RAJAPALAYAM RAJUS' COLLEGE
RAJAPALAYAM.



RAJAPALAYAM RAJUS' COLLEGE RAJAPALAYAM

P.G. Department of English

Report on Life Skill Enhancement Programme for Physical Fitness

"Innovative measures to keep our body Fit as a Fiddle"


Life Skill Enhancement Programme for Physical Fitness on Innovative measures to keep our body Fit as a Fiddle" was organized by PG Department of English on 21.10.2021 at A3 Hall for the benefit of students. Mrs. P.V.Deepa , Assistant Professor of English was the Resource Person. Participants included the students of English Department.

The Programme was inaugurated by the Principal of Rajapalayam Rajus' College. In his Presidential Address he has urged the students to make use of the programme to the maximum extent possible in order to enhance their physical fitness.

During the valedictory session few students explained how this programme will help them to keep their body fit forever. The Programme ended with vote of thanks.


HOD

PG Department of English (S.F)
Rajapalayam Rajus' College. /


PRINCIPAL
RAJAPALAYAM RAJUS' COLLEGE
RAJAPALAYAM


RAJAPALAYAM RAJUS' COLLEGE, RAJAPALAYAM

DEPARTMENT OF PHYSICS




Date: 08/12/2021

Circular

Department of Physics in association with World Community Service Centre, Rajapalayam is going to organise a capacity building program for the Physics students entitled "YOGA FOR MODERN AGE" from 13.12.2021 to 17.12.2021 at 02.00 to 04.00 p.m. First, second and third year students are asked to present at Indoor Stadium at 01.50 p.m.


HOD *v/c* 08/12/2021


PRINCIPAL

Maths 
Chemistry N.Tan.
Tamil 
English  08/11/2021



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Rajapalayam - 626117



Department of Physics

organize

CAPACITY BUILDING PROGRAMME

on

“YOGA FOR MODERN AGE”

Date: From 13/12/2021 to 17/12/2021

Time: 2.00pm to 4.00pm

WORLD COMMUNITY SERVICE CENTRE MEMBERS



- 1) Geetha Raja
- 2) Karthi
- 3) Rajeswari
- 4) Arunachalam
- 5) Murugesan



Dr. S. Kalavathy
Organizer


Dr.K.Sivaramamoorthy
Vice-Principal

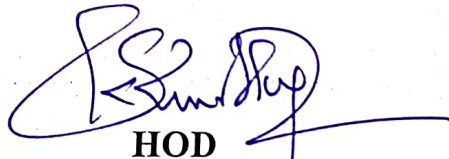

Dr.D.Venkateshwar
Principal i/c

RAJAPALAYAM RAJUS' COLLEGE, RAJAPALAYAM

DEPARTMENT OF PHYSICS

YOGA REPORT

Department of Physics in association with world community service center, Rajapalayam organized a capacity building programme for the Physics students entitled "YOGA FOR MODERN AGE" from 13.12.2021 to 17.12.2021. First, second and third-year students of total 114 were participated at Indoor Stadium. First day basics of yoga have been taught. Trainees of manavalakalaimandram trained the students. For all the remaining days students learnt all the yoga. All the staff and Student learnt enthusiastically and they will be using in day-to-day life to relieve from all the stress, to learn the subjects effectively yoga will be useful in all ways.



HOD

Dr. K. SIVARAMAMOORTHY

M.Sc., M.Phil., B.Ed., PGDCA., Ph.D.,

Associate Professor & Head

Department of Physics,

Rajapalayam Rajus' College,

RAJAPALAYAM - 626 117.



PRINCIPAL

Dr. D. VENKATESWARAN

PRINCIPAL I/C

Rajapalayam Rajus' College

Rajapalayam.

RAJAPALAYAM RAJUS' COLLEGE

Department of Physics

Yoga programme

Name list with Attendance

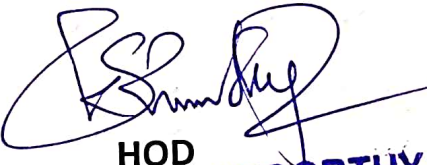
Date

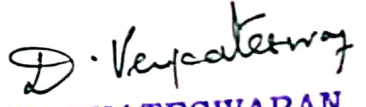
S.NO	Roll Number	Name of the students	Attendance DEC 2021				
			13	14	15	16	17
1	19RBPY002	DEEPIKA R	/	/	/	/	/
2	19RBPY003	DHANALAKSHMI M	/	/	/	a	/
3	19RBPY004	GANAPATHIYAMMAL P	/	/	/	/	/
4	19RBPY005	HARSHINI S	/	/	/	/	/
5	19RBPY006	JAYALAKSHMI A	a	/	/	/	/
6	19RBPY007	KALIDHARSINI S	/	/	/	/	/
7	19RBPY008	KAMALI S	/	/	/	/	/
8	19RBPY009	KAVYA P	/	/	/	/	/
9	19RBPY010	MALLIKA L	/	/	/	/	/
10	19RBPY011	MANJULA A	/	/	/	/	/
11	19RBPY012	MUNEE SWARI S	/	/	/	/	/
12	19RBPY013	MURUGALAKSHMI V	/	/	/	/	/
13	19RBPY014	POORANAKALA M	a	/	/	/	/
14	19RBPY015	SELVAPRIYA V	a	/	/	/	/
15	19RBPY016	SOUNDHARYA R	/	/	/	/	/
16	19RBPY017	SRINIVASINI S	/	/	/	/	/
17	19RBPY018	SWATHI S	/	/	/	/	/
18	19RBPY019	THAMARAISELVI M	/	/	/	/	/
19	19RBPY020	THAVAMPETRAVAL K	/	/	/	/	/
20	19RBPY021	VAHINI P	a	/	/	/	/
21	19RBPY022	VANITHA M	/	/	/	/	/
22	19RBPY023	VEDHAVARSHINI R	/	a	/	/	/

23	19RBPY024	VIJAYALAKSHMI K	a	a	/	/	/
24	19RBPY042	KAVITHA G	/	/	/	/	/
25	19RBPY025	ARUNKUMAR A	/	/	/	/	/
26	19RBPY026	CHIDAMBARAM R	/	/	/	/	/
27	19RBPY027	GNANASEKARAN S	/	/	/	/	/
28	19RBPY028	GOPIKRISHNAN K	/	/	/	/	/
29	19RBPY029	KALIRAJ P	/	/	/	/	/
30	19RBPY030	KAMARAJ M	/	/	/	/	/
31	19RBPY031	KANAGASABAI K	a	a	a	a	a
32	19RBPY032	KARUPPANNA@ARAVIND K	/	/	/	/	/
33	19RBPY034	MARIRAJA S	/	/	/	/	/
34	19RBPY035	MUNIYARAJ A	a	a	/	/	/
35	19RBPY036	NALLA MUTHU C	/	/	/	/	/
36	19RBPY037	RAJADURAI V	/	/	/	/	/
37	19RBPY039	SRIDHAR R	/	/	/	/	/
38	19RBPY040	SUBBURAJ S	a	a	/	/	/
39	19RBPY041	SUBRAMANI K S	a	/	/	/	/
40	20RBPY001	ANNAPACKIA K	/	/	/	/	/
41	20RBPY002	DHANA SHREE N	/	/	/	/	/
42	20RBPY003	EVANGELIN KIRUBAHT	/	/	/	/	/
43	20RBPY004	GEETHA S	/	/	/	/	/
44	20RBPY005	GOWRI LAKSHMI K	/	/	/	/	/
45	20RBPY006	HEPZIBHA P	/	/	/	/	/
46	20RBPY007	INDIRA.G	/	/	/	/	/
47	20RBPY008	JASMINE A	/	/	/	/	/
48	20RBPY009	JAYALAKSHMI K	/	/	/	/	/
49	20RBPY010	JESINTHPRADEEPA T	/	/	/	/	/
50	20RBPY013	SELVAMEENA A	/	/	/	/	/
51	20RBPY014	SHIVASHRI M	/	/	/	/	/
52	20RBPY015	SUBATHRA P	/	/	/	/	/
53	20RBPY017	ANANTHAKUMAR R	/	/	/	/	/
54	20RBPY018	ARAVINDH M	/	/	/	/	/
55	20RBPY019	ARUN S	/	/	/	/	/
56	20RBPY021	BALAJI R	/	/	/	/	/

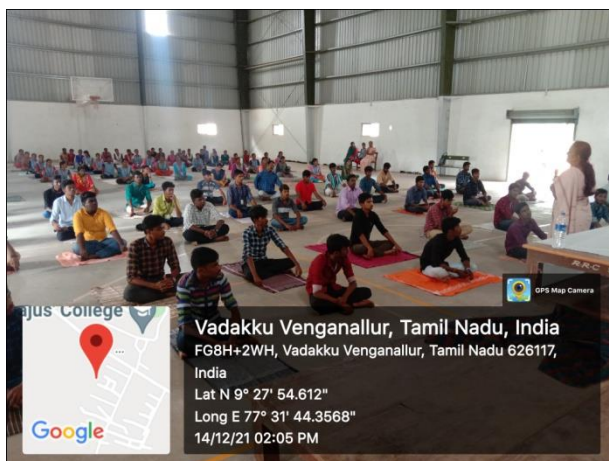
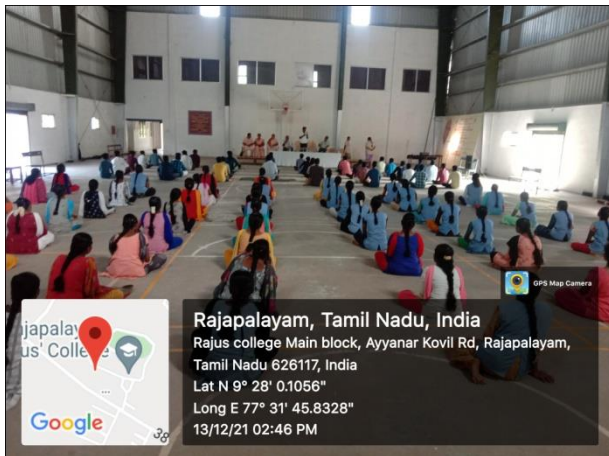
57	20RBPY022	BALASUNDAR I	/	/	/	/	/
58	20RBPY023	DHINESH M	/	/	/	/	/
59	20RBPY024	GOBI KRISHNAN K	/	/	/	/	/
60	20RBPY025	KALIRAJ G	/	/	/	/	/
61	20RBPY026	KARTHIKRAJA P	/	/	/	/	/
62	20RBPY027	KIRUBAKARAN V	/	/	/	/	/
63	20RBPY028	KRISHNAMOORTHY R	/	/	/	/	/
64	20RBPY029	MAHESHWARAN P	/	/	/	/	/
65	20RBPY030	MANIKANDA PRABHU K	/	/	/	/	/
66	20RBPY032	RAKESH B K	/	/	/	/	/
67	20RBPY033	SIVAKUMAR P	/	/	/	/	/
68	20RBPY034	UDHAYAKUMAR R	/	/	/	/	/
69	20RBPY035	SIVA SANKARI M	/	/	/	/	/
70	20RBPY036	NANDHAKUMAR R	/	/	/	/	/
71	20RBPY037	HARISH D	/	/	/	/	/
72	20RBPY038	SRIDEVI S	/	/	/	/	/
73	21RBPY0001	M ABITHA	/	/	/	/	/
74	21RBPY0002	A. ANANTHI	/	/	/	/	/
75	21RBPY0003	G. DHANUSHPRABHA	/	/	/	/	/
76	21RBPY0004	G. INDHUMATHI	/	/	/	/	/
77	21RBPY0005	R. INDRA	/	/	/	/	/
78	21RBPY0006	R. JANANI	/	/	/	/	/
79	21RBPY0007	P. JEBAKANI	/	/	/	/	/
80	21RBPY0008	R. MADHUBALA	/	/	/	/	/
81	21RBPY0009	R. MUNEESWARI	/	/	/	/	/
82	21RBPY0010	S. NITHIYA SHREE	/	/	/	/	/
83	21RBPY0011	A. PAVITHRA DEVI	/	/	/	/	/
84	21RBPY0012	P. POORANI	/	/	/	/	/
85	21RBPY0013	N. PRIYANKA	/	/	/	/	/
86	21RBPY0014	S. RAJALAKSHMI	/	/	/	/	/
87	21RBPY0015	M. RAJESHWARI	/	/	/	/	/
88	21RBPY0016	M. SELVAKARTHIKA	/	/	/	/	/
89	21RBPY0017	S. SOBANA	/	/	/	/	/
90	21RBPY0018	M. SOWMIYA	/	/	/	/	/

91	21RBPY0019	M. VALARMATHI	/	/	/	/	/
92	21RBPY0020	A. ALAGURAJA	a	a	a	/	a
93	21RBPY0021	K. ARUNPANDI	a	/	/	/	/
94	21RBPY0022	V. DEEPAK	/	/	/	/	/
95	21RBPY0023	E. DINESHKUMAR	a	/	a	/	a
96	21RBPY0024	K. GANESHKUMAR	/	/	/	/	/
97	21RBPY0025	G. GURUAAKASH	/	/	/	/	/
98	21RBPY0026	R. JACKAB SAMUVELRAJ	/	/	/	/	/
99	21RBPY0027	S. MAGESHWARAN	/	/	/	/	/
100	21RBPY0028	M. MARIMUTHU	a	/	a	/	a
101	21RBPY0029	S. MUTHUTAMIZHMANI	/	/	/	/	/
102	21RBPY0030	S. R. NITEESH	/	/	/	/	/
103	21RBPY0031	S. PALANI SELVAM	/	/	/	/	/
104	21RBPY0032	G. PRAKASH	/	/	/	/	/
105	21RBPY0033	S. RAJKUMAR	/	/	/	/	/
106	21RBPY0034	M. RAMANAN	a	/	a	/	a
107	21RBPY0035	V. SANTHANAMARIMUTHU	/	/	/	/	/
108	21RBPY0036	T. THANGAMADASAMI	/	/	/	/	/
109	21RBPY0037	P. SUBETHA	/	/	/	/	a

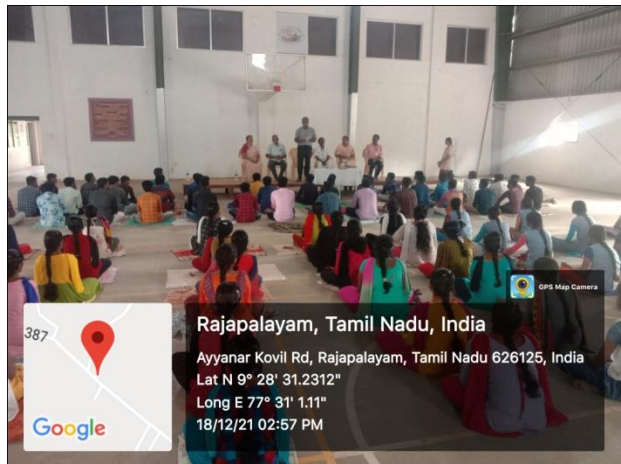
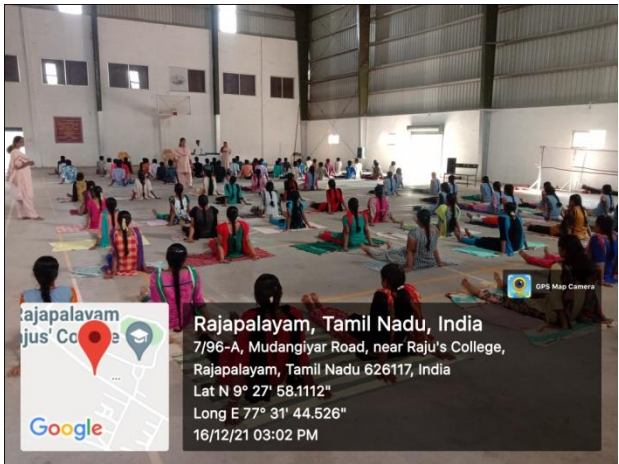

HOD
Dr. K. SIVARAMAMOORTHY
 M.Sc., M.Phil., B.Ed., PGDCA., Ph.D.,
 Associate Professor & Head
 Department of Physics,
 Rajapalayam Rajus' College,
 RAJAPALAYAM - 626 117.


Dr. D. VENKATESWARAN
 PRINCIPAL i/c i/c
 Rajapalayam Rajus' College
 Rajapalayam.

"YOGA FOR MODERN AGE"



"YOGA FOR MODERN AGE"





RAJAPALAYAM RAJUS' COLLEGE, RAJAPALAYAM

(A Linguistic Minority Co-Educational Institution, Affiliated to Madurai Kamaraj University)

(Re-Accredited with 'B++' Grade (3rd Cycle) CGPA 2.93/4.00 by NAAC)

Department of Business Administration

Capacity Building Programme

On

Behaviour Driven Life Style

Welcome Address : **Dr. L. Ponnuchamy**
Head of the Department
Rajapalayam Rajus' college,
Rajapalayam

Presidential Address : **Dr.S.SingaRaj**
Secretary

Felicitation : **Dr. D. Venkateswaran**
Principal i/c
Dr. P. SuriaKala
Dean Self – Finance

Introduction to Chief Guest : **Mrs. R. Gayathri**
Assistant Professor

Chief Guest Address : **Thiru M.R. Muruga Bhupati**
Mental Health Physician/Aravindh Herbals

Vote of Thanks : **Dr. M. Lakshmi**
Assistant Professor

Date: 21.12.2021 to 23.12.2021

Time: 2.00P.M to 4.00P.M

Venue: Smart Hall

We Invite You All



RAJAPALAYAM RAJUS' COLLEGE



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Rajapalayam-626117

DEPARTMENT OF BUSINESS ADMINISTRATION

organize

CAPACITY BUILDING PROGRAMME

on

BEHAVIOUR DRIVEN LIFE STYLE

Chief Guest

Thiru.M.R.Muruga Bhupathi

Mental Health Physician

Coordinator

Aravindh Herbal Labs P.Ltd

Rajapalayam



Programme Date : 21.12.2021 to 23.12.2021

Time : 2.00pm to 4.00pm

Venue : Smart Hall

We invite you all

ORGANISING COMMITTEE
SECRETARY

Dr.S.Singaraj

PRINCIPAL I/C

Dr.D.Venkateswaran

VICE PRINCIPAL

Dr.K.Sivaramamoorthy

DEAN SELF-FINANCE

Dr.P.Suriakala

CONVENER

Dr.L.ponnuchamy

Head & Assistant professor

ORGANIZER

Mrs.R.Gayathri

Assistant professor

ORGANISING COMMITTEE MEMBERS

Dr.M.Lakshmi, Assistant professor

Mrs.R.Rohini, Assistant professor

Dr.P.Sumathi Assistant professor

STUDENT VOLUNTEERS

M.Balasubramanian

V .Jaganatharaja

S .Pevin

RAJAPALAYAM RAJUS' COLEGE

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DEPARTMENT OF BUSINESS ADMINISTRATION

Organize

CAPACITY BUILDING PROGRAMME

On

BEHAVIOUR DRIVEN

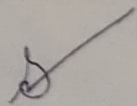
DATE: 22.12.2021

Class: II BBA

TIME: 2:00pm to 4:00pm

S.NO	Roll. No	Name of the student	Student Signature
1.	20SBBA001	ANANTHAPRIYA V	
2.	20SBBA002	ARUNA PRIYA M	V. Anantha priya
3.	20SBBA003	DEVI G	M. Aruna priya
4.	20SBBA004	KAMATCHIYAMMAL P	Gr. Devi.
5.	20SBBA005	MARIESWARI LASKHMI R	P. Kamatchiyammal.
6.	20SBBA006	MUTHUSELVI K	R. Marieswari Laskhmi
7.	20SBBA007	PREMA M	K. Muthu Selvi
8.	20SBBA008	VIDHYA V	M. Preema
9.	20SBBA009	VIJAYALAKSHMI M	left
10.	20SBBA010	AMIRTHARAJAVEERAN M	M. Vijaya lakshmi
11.	20SBBA013	BALAJI P	M. Amirtharajaveeran
12.	20SBBA014	BALASHANKAR M	P. Balaji
13.	20SBBA015	CHANDRASEKARAN B	M. Balasankar
14.	20SBBA016	GANESHAN K	P. Chandrasekar
15.	20SBBA017	GANESHKUMAR S	K. Ganesh
16.	20SBBA018	GUNAL A	S. Ganeshkumar
17.	20SBBA019	GURUPRAKASH R	A. Gunell
18.	20SBBA021	HARISH A	R. Guruprakash
19.	20SBBA023	KALIDASS G	A. Harish
20.	20SBBA024	KALIMUTHU R	G. Kalidass
21.	20SBBA025	KALIRAJ J	R. Kalimuthu
22.	20SBBA026	KANAGARAJ G	J. Kaliraj
23.	20SBBA027	KANAGARAJ S	G. Kanagaraj
24.	20SBBA028	KARTHIKEYAN A	S. Kanagaraj
25.	20SBBA029	LINGESHWARAN K	A. Karthikeyan
26.	20SBBA032	MURUGESAN M	A. Lingeswaran
27.	20ABBA033	MUTHU S	M. Murugesan
28.	20SBBA034	NAGARAJ S	S. Muthu
29.	20SBBA035	NANDHAGOPALAN P	S. Nagaraj
30.	20BBA036	NAVEEN K	P. Nandha Gopalani

31.	20BBA037	NEERATHILINGAM M	M. Neerathilingam
32.	20BBA038	NITHYANANTH M	M. Nithyananth
33.	20SBBA039	PONPANDIARAJ K	P. Ponpandiaraj
34.	20SBBA040	PRAKASH S	S. Prakash
35.	20SBBA041	RAJATH P	P. Rajathy
36.	20SBBA043	RAMESH N	N. Ramesh
37.	20SBBA044	RAMESHKUMAR A	A. Ramesh
38.	20SBBA045	RAVI A	A. Ravi
39.	20SBBA047	SAKTHIVEL R	R. Sakthivel
40.	20SBBA048	SANGILIVEERAPANDIYAN G	G. Sangiliveerapandian
41.	20SBBA049	SARAVANAN K	K. Saravanan
42.	20SBBA050	SATTANATHN S	S. Sattanathan
43.	20SBBA051	SIVACHIDAMBARAM K	K. Sivachidambaram
44.	20SBBA052	SIVANANTHAM I	I. Sivaram
45.	20SBBA053	SIVAPRAKASH M	M. Sivaprakash
46.	20SBBA055	SRIRAM G	G. Sriram
47.	20SBBA056	SUKUMARAN L	L. Sukumaran
48.	20SBBA057	THANGESWARAN T	T. Thangeswaran
49.	20SBBA058	YDHAYAKUMAR M	M. Ydhayakumar
50.	20SBBA059	VAIRAGANESH M	M. Vaikaranesh
51.	20SBBA060	VEERAPUTHIRAN P	P. Veeraputhiran
52.	20SBBA061	VIGNESH WARAN M	M. Vigneshwaran
53.	20SBBA062	VINOTHKUMAR M	M. Vinothkumar
54.	20SBBA063	SIVASUBRAMANIAN E	E. Sivasubramanian
55.	20SBBA064	JOSEPH MELVIN X	X. Joseph Melvin
56.	20SBBA065	KARTHIKEYAN K	K. Karthikeyan
57.	20SBBA066	VIVEKANANTHAN M	M. Vivekanathan
58.	20SBBA067	NAVEENKUMAR S	S. Naveenkumar
59.	20SBBA068	THANGARAJ M	M. Thangaraj
60.	20SBBA069	SURYA C	C. Surya
61.	20SBBA070	MANIKANDAN R	R. Manikandan
62.	20SBBA071	MUTHUVEL G	G. Muthuvel
63.	20SBBA072	PETHANATCHI P	P. Pethanatchi
63.	20SBBA073	THANGA MEENA K	K. Thanga meena


 Head of the Department

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Rajapalayam-626117

DEPARTMENT OF BUSINESS ADMINISTRATION

Organize

CAPACITY BUILDING PROGRAMME

On

BEHAVIOUR DRIVEN

Class: I.BBA

TIME: 2.00pm TO 4.00pm

DATE: 21.12.2021

S.NO	ROLL NO	NAME OF THE STUDENT	STUDENT SIGNATURE
1.	21BBA001	ABITHA M	
2.	21BBA002	GAYATHRIYA M	
3.	21BBA003	GOWRI K	K. Gowri
4.	21BBA004	MUTHUKALIESWARI K	K. Muthukalieswari
5.	21BBA005	NEELAVATHI G	G. NEELAVATHI
6.	21BBA006	NEELAVENI M	M. NEELAVENI
7.	21BBA007	PARASAKTHI M	H. Parasakthi
8.	21BBA008	PRIYA M	M. Priya
9.	21BBA009	SUBHALAKSHMI T	T. Subhalakshmi
10.	21BBA010	ARUN KUMAR A	A. Arunkumar
11.	21BBA011	ARUN@ARUMUGAM K	K. Arun@Arumugam
12.	21BBA012	AYYANAR S	S. Ayyanar
13.	21BBA013	BHUVANESWARA K	K. Bhuvaneshwari
14.	21BBA015	DURAI KARUPPASAMY S	S. Durai Karuppasamy
15.	21BBA016	JANA SABARIHASAN S	S. Jana Sabarihasan
16.	21BBA017	KARUNA KARAN M	M. Karuna Karan
17.	21BBA018	KARUPPASAMY K	K. Karuppasamy
18.	21BBA019	KARUTHAPANDIYAN P	P. Karuthapandian
19.	21BBA020	KATHISHKUMAR R	
20.	21BBA021	KAVIN KUMAR M	M. Kavinkumar
21.	21BBA022	LAPHAGOPIKAR K	K. Latha Gopinath
22.	21BBA023	LOGESHKUMAR G	G. Logeshkumar
23.	21BBA024	MADASAMY V	V. MADASAMY
24.	21BBA025	MAHENDRAN M	M. Mahendran
25.	21BBA026	MANI SARAVANA KUMAR K	
26.	21BBA027	MARIAPPAN R	R. Mariappan
27.	21BBA028	MARIMUTHU K	K. Marimuthu
28.	21BBA030	MATHANKUMAR R	R. Mathankumar
29.	21BBA031	MOHAN RAJ T	T. Mohan Raj
30.	21BBA032	MURUGESAN K	S. Murugesan
31.	21BBA033	MUTHUKUMAR S	S. Muthukumar
32.	21BBA034	MUTHUPANDI S	S. Muthu Raj
33.	21BBA035	MUTHURAJ J	
34.	21BBA036	NANTHAGOPAL K	L. Neerathilingam
35.	21BBA037	NEERATHILINGAM L	Palanivelrajan
36.	21BBA038	PALANIVELRAJAN G	
37.	21BBA039	PARAMASIVAM M	K. Paramasivam
38.	21BBA040	PREMRAJ PANDIAN K	G. Rajaguru
39.	21BBA041	RAJAGURU G	
40.	21BBA042	RAJESH M	Ramaganesan. M
41.	21BBA043	RAMAGANESH M	Ramesh. S
42.	21BBA044	RAMESH S	

43.	21BBA045	RAMKUMAR S	S. Ram Kumar
44.	21BBA046	SASI KUMAR I	Sasi Kumar. I
45.	21BBA047	SELVAM B	B. Kumar B. Selvam
46.	21BBA048	SHAIKH KHAJA MOHINUDDIN SIRJUDDIN	Khaja Shaikh
47.	21BBA049	SIVAGURUNATHAN M	Sivagurunathan. M.
48.	21BBA050	THANGAPANDIYAN P	P. Thangapandiyar
49.	21BBA051	VASUDEVAN V	Vasudevan. V
50.	21BBA052	VIGNESHWARAN A	A. Vigneshwaran
51.	21BBA053	VIGNESHWARAN G	G. Vigneshwaran
52.	21BBA054	MANIKANDAN M	M. Manikandan
53.	21BBA055	LINGAM M	M. Lingam
54.	21BBA056	SATHISH KUMAR P	P. Sathish Kumar.
55.	21BBA057	MARUTHU PANDI V	V. Maruthu Pandi
56.	21BBA058	NIVETHA M	M. Nivetha
57.	21BBA059	YOGESH RAAJA R	R. Yogesh Rajar

/

Head of the Department